

NATURE'S FOOD PATCH Market & Café® CLEARWATER • Downtown DUNEDIN

2026 OCTOBER PUMPKIN ICE CREAM!



Graeter's
Pumpkin
1 pint



**Ice Cream
For Bears**
Pumpkin Spice
14 fl oz



Van Leeuwen
Pumpkin
Cheesecake
14 oz



**Alden's
Organic**
Pumpkin Spice
48 fl oz

When you
want
**FALL
FLAVORS**
but it's still
warm out!



More FALL FLAVORS inside! Plus Café Specials & Grocery Sales!

Sales good Oct 1st thru Oct 31st, 2026. Quantities are limited. Exclusions apply.

PUMPKIN PATCH

fall flavors...
WE GOT 'EM!



what's your
PSL?

CALIFIA
FARMS®





AHVERY BAKES Fall Flavor Cookies

gluten free

local

8 G Protein | Vegan
Apple Pecan Pie
Cranberry Orange
Pumpkin Spice
Pumpkin Chocolate Chip



Icelandic Provisions Yogurt Pumpkin Spice



Ellenos Greek Yogurt Pumpkin Pie

Nature's Path Gluten-Free Waffles Pumpkin Spice



gluten free

Perfect Bar Pumpkin Pie



Bobo's Oat Bars Oat Bites Pumpkin Spice



Larabar Bars Pumpkin Pie



Tate's Bake Shop Cookies Pumpkin Spice



Chocolove Pumpkin Spice Pumpkins Milk Chocolate



Purely Elizabeth Ancient Grains Granola Pumpkin Cinnamon



Go Raw Organic Sprouted Pumpkin Seeds Sea Salt



organic

Sweet Loren's Cookie Dough Pumpkin Spice



Farmer's Market Organic Pumpkin Puree

organic



SimplyOrganic Pumpkin Spice

organic



organic

Big B's Organic Apple Cider Spiced Apple & Harvest 24 oz



The Maine Pie Co. Gluten-Free

Raised Gluten Free Gluten-Free & Vegan



gluten free

PUMPKIN PIE!



CAFE SPECIALS



Carrot Cake SMOOTHIE

All the cozy flavors of carrot cake in a creamy, delicious smoothie! A rich & decadent blend of organic vanilla Greek yogurt, bananas, shredded carrots, walnuts, organic maple syrup, cinnamon & ginger. Sweet, spiced and perfectly satisfying. Patch Hack: Top it off with a swirl of whipped cream!*

Made with Organic Ingredients. Plant-Based Friendly.



Buffalo Chicken BURRITO



A bold and delicious twist on a classic! Blackened chicken tossed in our house-made Buffalo sauce, wrapped with pepper jack cheese, brown rice, organic crisp romaine, celery, organic carrots, homemade creamy ranch dressing & blue cheese crumbles.

Spicy, Savory, Creamy & Packed With Flavor!

The Patch PSL

Savor the season with a twist on the classic fall coffee favorite! This cozy drink blends smooth organic espresso with your choice of frothy organic milk, plus our homemade plant-based pumpkin syrup made from real pumpkin purée, organic cane sugar, and a hint of pumpkin pie spice. Finished with a cloud of light, fluffy whipped cream—or skip it for a vegan-friendly treat!

Made Fresh from Scratch at The Patch with Organic Ingredients. Plant-Based Friendly.



*for an additional charge. accompaniments & garnishes not included. deli menus vary by location. served in to-go containers.

MEAT & SEAFOOD



Scottish Salmon Fillets
GMO Free Fed

\$19.49
/lb



Pork Breakfast
Sausage Patties

\$5.49
/lb



Boneless Chicken Thighs
All-Natural

\$4.49
/lb



Boneless Chuck Roast
Grass-fed & Domestic

\$15.49
/lb



gluten
free

Bell & Evans
Breaded Chicken
Breast Nuggets
Uncooked & Gluten-Free
12 oz

\$9.49



organic

Bilinski's
Chicken &
Apple Sausage
Organic
12 oz

\$8.99



Applegate Naturals
Sunday Bacon
Uncured
8 oz

\$7.49



gluten
free

Applegate Farms
Savory Turkey Sausage
Gluten-Free
7 oz

\$6.49

CHEESE & BEVERAGES



Whole Hog
Pumpkin Ale
6-pack
\$8.99



Blake's Hard Cider
American Apple
Hard Cider
6-pack
\$7.99



Frey
Organic Pinot Noir
750 ml
\$13.99



Tintonegro
Malbec
750 ml
\$9.99

Wolfman
Red Blend



19 Crimes
Universal Monsters Wine
750 ml
\$8.99
ea.

Frankenstein
Cabernet
Sauvignon



Lifeway
Farmer Cheese
Plain
16 oz
2/\$7



Van Kaas
Gouda Wedge
7 oz
\$4.99



Sierra Nevada
Graziers Grass-Fed Cheese
Raw Medium Cheddar, Raw Monterey Jack,
Raw Jalapeño Jack, & Raw Sharp Cheddar
8 oz
\$5.99
ea.



Mt Vikos
Feta
Organic
6 oz
\$6.99

organic



LaClare Family Creamery
Goat Milk Cheese
Cheddar
6 oz
\$5.99



FRIDGE



Kor
Organic
Supplement Shot
Gut Check or
Elderberry & Zinc
1.7 fl oz

2/\$5

organic

Steaz
Organic
Iced Green Tea
Raspberry or Hibiscus
16 fl oz

2/\$3



organic



Lightlife
Foods
Organic
Tempeh
Strips
Original
8 oz

organic



Lightlife Foods
Smart Dogs
Plant-Based
12 oz

\$3.99

ea.



Greenfield
Natural Meat Co.

Lunch Kit
Smoked Turkey & Cheese
or Uncured Honey Ham
& Cheese
2.9 oz

\$2.99

ea.



Vita Coco
Coconut
Water
Original
1 lt

\$3.99



Sunja's
Oriental
Foods
Kimchi
Medium Spicy
16 oz

\$7.99

FREEZER



Van's
Power Grain
Protein Pancakes
Original 12.4 oz

High
Protein



Van's
gluten free
Blueberry 9 oz

gluten
free

2/\$7



Food For Life
Organic Ezekiel 4:9 Bread
Cinnamon Raisin
24 oz

\$6.99

organic



Food For Life
Organic Bread
7 Sprouted Grains
24 oz

\$5.99

organic



Greenfield
Natural
Meat Co.
Egg Bites
Spinach &
Red Pepper
8 oz

\$5.99



Woodstock
Organic
Frozen
Tortelloni
Four Cheese
20 oz

\$6.99



Cappello's
Almond Flour
Thin Crust
Pizza
Naked Crust
6 oz

\$6.99



Cappello's
Classic Crispy
Crust Pizza
Uncured
Pepperoni
19 oz

\$9.99

SNACKY SNACKS



NUGO
Nutrition Bar
Slim Bar
Raspberry Truffle
1.59 oz

2/\$3

organic



Made Good
Organic
Granola Bars
Mixed Berry
6/.85 oz
\$2.99



CRETORS
Popcorn
Cheese &
Caramel Mix
7.5 oz

2/\$7



ORGANIC Bulk

organic



Popping Corn
Yellow
\$1.49
/lb

organic



Raisins
Thompson
\$4.69
/lb

organic



Cashews
Raw
\$9.49
/lb

RAW



organic

organic

NEW

Annie's Naturals
Organic
Nature Pals
Fruit Snacks
Strawberry
Raspberry Apple
or Strawberry
Cherry Mango
5.6 oz

\$4.99
ea.



organic

Annie's Homegrown
Organic
Bunny Fruit Snacks
Berry Patch
7 oz

\$4.99



Epic
Beef Bar
Sea Salt & Pepper
or Bacon Cranberry
1.3 oz
2/\$5



Epic
Venison
Beef Bites
Original
Hunter's Recipe
2.5 oz
\$5.99



Epic
Bone Broth
Homestyle
Savory Chicken
14 fl oz
\$4.99



organic

organic

Annie's Homegrown
Organic
Bunny Grahams
Honey
or Organic
Cheddar Bunnies
7.5 oz

2/\$7



organic

Annie's Homegrown
Organic
Cheese Puffs
Cheddar Cheesy
Smiles
4 oz

2/\$7



Epic
Pork Rinds
Sea Salt & Vinegar or
Pink Himalayan &
Sea Salt
2.5 oz
\$2.99
ea.



organic

Late July
Organic
Tortilla Chips
Sea Salt
10.1 oz
or
Tortilla Chips
Jalapeno Lime
6 oz

2/\$7



NEW

Kettle Brand
Potato Chips
Sea Salt or
Backyard
Barbecue
5 oz

2/\$7



Pretzel Crisps
Pretzel
Crisps
Everything
7.2 oz

2/\$5



PANTRY PICKS

ORGANIC Bulk

organic



Dark
Chocolate Chips

\$11.49
/lb

organic



Shredded Coconut
Unsweetened

\$2.99
/lb

organic



Millet

\$1.49
/lb

Near East
Pearled
Couscous
Roasted Garlic
& Olive Oil
or Original
4.7 oz

2/\$5



**Thai
Kitchen**
Coconut
Milk
Unsweetened
13.66 fl oz

2/\$5



Tinkyada
Pasta
Brown Rice
Elbow or
Spirals
16 oz

2/\$7



**Maya
Kaimal**
Simmer
Sauce
Madras Curry
or Tikka Masla
12.5 oz

\$3.99 ea.



Tasty Bite
Heat & Eat
Indian Cuisine
Entree
Coconut Chickpea
Turmeric Curry or
Channa Masala
10 oz

2/\$7



Annie's
Homegrown
Super! Mac
Shells & White
Cheddar
6 oz

2/\$5



**Edward
& Sons**
Organic
Mashed
Potatoes
Homestyle or
Roasted Garlic
3.5 oz

\$1.99



\$4.99

Plantstrong
Organic Chili
Creamy
White Bean
or Firehouse
14.5 oz



Bigelow
Herbal Tea
Lemon Ginger + Probiotics
or Ginger Peach Turmeric
18 bag

2/\$5



**Birch
Benders**
Pancake
& Waffle Mix

gluten
free

Gluten-Free

\$3.99 14 oz



Protein

\$3.99 16 oz



Organic Steel Cut

\$4.99



Organic Rolled

\$3.99

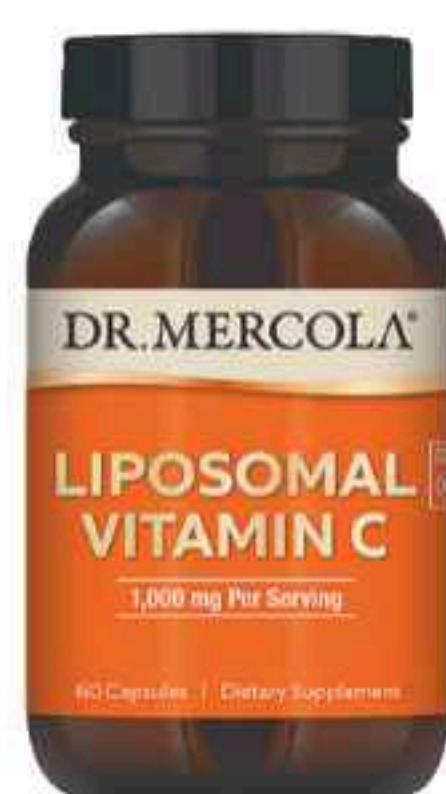
ENTIRE BRANDS ON SALE

25% OFF

organic



Flora Udo's Choice
All Varieties



Dr. Mercola
All Varieties



Ancient Nutrition
All Varieties



Herb Pharm
All Varieties



Country Life
All Varieties



Sunwarrior
All Varieties

20% OFF



Sovereign Silver
All Varieties



WishGarden Herbs
All Varieties



Bluebonnet
All Varieties



TIIGA
All Varieties



BodyHealth
All Varieties

WELLNESS

20% OFF
Department-Wide

Save during our
Wellness Days Sale

10/20 & 10/21

*see website for terms, exclusions, & full details

MadHippie

ENTIRE BRAND
20% OFF!



Mad Hippie
Vitamin C Toning Mist
4 oz



DESERT
ESSENCE

ENTIRE BRAND
25% OFF!

Desert Essence
Coconut Shampoo
8 oz



Tea Tree Therapy
Vegetable Base Soap
All Varieties
3.5 - 3.9 oz
\$6.99



Aura Cacia
Aromatherapy Mist
All Varieties
4 oz
\$8.99



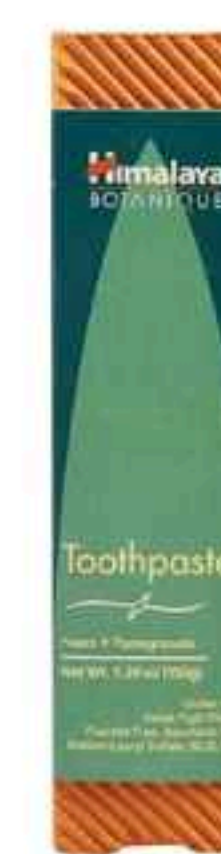
Crystal
Roll-On Deodorant
All Varieties
2.25 oz
\$4.99



A La Maison
Hand & Body Soap
All Varieties
16.9 oz
\$8.49



Boiron
Arnicare Cream Value Pack
All Varieties
2.5 oz
\$13.49



Himalaya
Toothpaste
All Varieties
5.29 oz
\$5.99



Kiss My Face
Moisture Shave
All Varieties
11 oz
\$9.99



Weleda Baby
Comforting Body Lotion
6.8 oz
\$14.99



Dr. Bronner's
Hand & Body Lotion
All Varieties
8 fl oz
\$9.99

NATURE'S



1225 Cleveland St
Clearwater, FL 33755
727.443.6703

FOOD PATCH

Market & Café

966 Douglas Ave #106
Dunedin, FL 34698
727.303.3263

www.naturesfoodpatch.com

Presorted
Standard
**US POSTAGE
PAID**
Tampa, FL
Permit #8176

OCTOBER 2026

Free Cooking Class with Di

Hosted by:

DEMOS
TO Di FOR



Vegan Cheesecake



Class will be held at BOTH locations!



SATURDAY
OCTOBER 24th
11am-12pm
in PaTchWoRks



MONDAY
OCTOBER 26th
6pm-7pm
Dunedin Patch



Quantities are limited. Sorry, no rain checks. Some items & sales may vary by location. Exclusions apply. Some items may not be available. Not responsible for typographical errors.
These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, cure, or treat any disease.